

DEAFBLIND SCOTLAND

**NEWSLETTER
AUTUMN 2019**



Scottish Charity SC031167

IN THIS ISSUE

DEAFBLIND SCOTLAND NEWS

- Members stories
 - Activities
 - Hear to Help Clinic
 - DBS Pantomime
-

FUNDRAISING

- Pamper Evening
 - Santa Dash
 - Online Fundraising
-

TECHNOLOGY

- Assistive Technology
-

TRAVEL

- Pavement Parking
-

WELCOME

Welcome to the autumn edition of the Deafblind Scotland newsletter. Have you had a good summer? Do you have any stories from your holidays or places you visited that you would recommend to other deafblind people? Please send them to us.

I hope it's not too early to mention Christmas, but it's getting closer and the Deafblind Scotland Charity Christmas Cards are back in stock. An order form is included with your newsletter.

New for 2020 the Deafblind Scotland Calendar.

Picture of a Christmas card with 5 little dogs.



DEAFBLIND SCOTLAND NEWS

MEMBERS STORIES

In the summer, Deafblind Scotland members visited behind the scenes at the BBC Scotland News Desk, perhaps there may be some new reporters on the Scottish news soon.

Picture of a group of deafblind people and guide/communicators standing around the BBC red news desk.



ACTIVITIES

Walking Group

Every Thursday morning 10am – 12noon
Paths for All lead a walking group around the Kirkintilloch area. Each walk lasts around 1 hour 15 mins and covers roughly 2 - 3 miles and leaves from a different location each month.

October – DBS Learning and Development Centre,
Lenzie

November – Kirkintilloch Leisure Centre

December – Kirkintilloch Library

Hear to Help Clinics

Second Monday of every month from 11.30am – 2pm. Action on hearing Loss continue to offer a drop-in clinic offering advice on your hearing aids and hearing aid maintenance, for example replacing ear mould tubing, cleaning, supplying batteries, advice and support. All members and non-members are welcome.

Upcoming dates 11 November and 9 December.



Hear to Help Glasgow

Providing hearing aid maintenance, batteries, advice and support across Glasgow

Do you wear an NHS hearing aid?



We can help with:

- Replacing Ear Mould Tubing
- Cleaning
- Supplying Batteries
- Advice and Support

Deafblind Scotland
Learning & Development
Centre

1 Neasham Drive,
Kirkintilloch, G66 3FA
T: 0141 777 6111

Upcoming dates:

- 14th October
- 11th November
- 9th December

Just drop in!

2nd Monday of the month
11.30am - 2pm

✉ HeartoHelpGlasgow@hearingloss.org.uk

☎ 0141 341 5358



🐦 @CtrGlasgowH2H

PANTOMIME

A wee peek at the DBS panto costume parade. Our very own members and staff will be putting on Jack and the Beanstalk at the learning and Development centre on the 17th and 18th December.

17th 2pm – 3pm and 18th 11am – 12pm December. We would love to see you there.

Picture of 4 Deafblind Scotland members, trying on their brightly coloured pantomime outfits.



FUNDRAISING EVENTS

Wednesday 20 November 2019 Christmas Extravaganza Pamper Evening

We are delighted to be hosting our Christmas Extravaganza Pamper Evening on Wednesday 20 November from 5pm-7.30pm. Tickets are £5, mocktails and canapes are included in the ticket price. Book a hand massage and visit the many different Christmas stalls, we look forward to welcoming you on the evening.

Picture of snow and a red and white mug with hot chocolate and marshmallows and Christmas cookies.



Sunday 1 December 2019 Deafblind Scotland Santa Dash

Join our Santa Dash 2019 on at Victoria Park, Glasgow on Sunday 01 December. Our family friendly, dog friendly 1k or 5k fun run is the perfect way to kickstart your festive celebrations. The fun run starts at 12.30pm, we look forward to seeing you there.

Image of Santa running with his big red sack.



For more information on either event, or any other fundraising activities, please get in touch with Julie communityfundraiser@dbscotland.org.uk

Get Involved and support Deafblind Scotland ONLINE

There are lots of ways you can get involved and support Deafblind Scotland, but if a Santa Dash or Millport cycle are not of interest, you could get involved by signing up to:

Give as you live www.giveasyoulive.com whenever doing any online shopping, the retailers pay a donation, not customers.

Recycle 4 Charity www.recycle4charity.co.uk whenever you are throwing out ink cartridges.

TECHNOLOGY

Assistive Technology

Do you need assistive technology or equipment to help you live more independently? Assistive Technology and equipment can help to gather information, interpret or even allow you to continue a hobby. However, technology can be expensive.

Deafblind Scotland have funding to apply for grants on your behalf whether it be an i-pad, braille reader, talking microwave or even an accessible sewing machine. We will come to your house or arrange for you to visit DBS centre and source the right equipment and technology for your needs. We will then apply for grants on your behalf and if successful purchase your goods to be delivered directly to you.

If you are interested please get in touch with Gillian Mooney 0141 777 6111

TRAVEL

Pavement Parking

BREAKING NEWS... Scotland becomes first UK nation to ban pavement parking.

THE Scottish Government has agreed in principle to implement a nationwide ban on pavement parking. There has been a long campaign over many years by disability charities and others across Scotland.

The problem that people with a visual impairment face is when cars are parked on pavements, they may have to risk their lives by walking into the road just to get by them. This is an issue that also impacts parents with prams, wheelchair users, older people and many others. It means that many people will now be able to enjoy a new freedom.

You can read more about the campaign and the new law on the Living Street campaign website
<https://bit.ly/2YSgloK>

Picture of a car parked on a pavement “Pavements are for people not for vehicles”



**PAVEMENTS
ARE FOR
PEOPLE
NOT FOR
VEHICLES**

We would love to hear your stories, they inspire and encourage other deafblind people. You can share something you find useful, a special event, a recipe or a poem. You can send your story to our Information Officer.

We hope you enjoyed this newsletter and we value your views and support. If you have any suggestions for future newsletters please get in touch with us.

This newsletter is available in various formats, including: XL, XXL and XXXL print, Audio CD, Moon, Braille and Email.

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