

# Communication from Deafblind Scotland during the COVID-19 Pandemic

**8<sup>th</sup> September 2020**

This COVID-19 briefing is to highlight further immediate changes to current guidelines.

In addition to information last week regarding restrictions on people who live in **Glasgow City Council, West Dunbartonshire and East Renfrewshire** this has now been extended to include people living in **East Dunbartonshire and Renfrewshire** with effect from 8<sup>th</sup> September.

Reminder to people living in these areas they must follow these guidelines.

- Do not visit someone else's home, no matter where it is.
- Do not have anyone from other households in your home. Exceptions for emergencies and care providers.
- Self isolate for 14 days if anyone in your household is contacted by Test and Trace service.

Care home visits in these areas will be restricted to outdoor areas only and hospital visiting will be essential visitors.

Restrictions will last for two weeks, with a review after one week.

Anyone previously Shielding should be extra vigilant.