

# Communication from Deafblind Scotland during the COVID-19 Pandemic

14 January 2021

Mainland Scotland continues to be in **Lockdown**, to minimise the risk of spreading the virus. We are all being told to '**Stay At Home**' except for essential journeys.

The NHS is under increasing pressure because the number of people with the virus and deaths are still increasing.

There are now stricter laws:

- Click and Collect will only be allowed for shops selling essential items like clothing, baby equipment, homeware and books.
- Takeaway shops can no longer allow customers inside, you can only collect takeaway from a hatch or doorway, or have it delivered.

By law you can only leave your home or garden to:

- care for a vulnerable person

- essential work, but only if that work absolutely cannot be done from home
- local shopping
- healthcare
- outdoor socially distanced exercise
- if you do go out for an essential purpose you should only meet one person from a different household in a group no bigger than two.

## **Covid-19 VACCINE**

The vaccine programme is well underway with 80% of all care home residents now vaccinated. Over the next few weeks everyone over 80 will now be contacted to get a vaccination appointment. If you need guide/communicator support Deafblind Scotland can provide this, even if you do not currently receive a service.

The rest of the population, who are under 80 years old, you will be informed by your GP or NHS Board when it is your turn but for those that are older or have an underlying condition this will also be soon. Again, if you need a guide/communicator to attend for the vaccine

please let us know. We will give you as much information as we can as this community roll out of the vaccine happens. It is important that we all get vaccinated and to protect those that receive our services staff have all been getting vaccinated.

More information on the Scottish Government website: [www.gov.scot/coronavirus-covid-19](http://www.gov.scot/coronavirus-covid-19)

## **Deafblind Scotland is here to help**

You can continue to contact Deafblind Scotland for support and advice.

Phone: **0141 777 7774**

Text: **07715 421 377**

Email: **[info@dbscotland.org.uk](mailto:info@dbscotland.org.uk)**