

Communication from Deafblind Scotland during the COVID-19 Pandemic

18 February 2021

Mainland Scotland continues to be in **Lockdown, this will stay in place until at least the start of March.** Good news that lockdown is working, and we are making good progress, but we still need to minimise the risk of spreading the virus. We are all to continue to **'Stay at Home'** except for essential journeys.

The Scottish Government is preparing a revised strategic framework to start moving Scotland out of lockdown, this will be done very carefully and cautiously. It will be released 23 February.

The government has set out the plans for opening schools. A phased return will start on Monday 22 February. The plan is for pre-school and children in P1-3 to return to school

first. As well as some secondary students who need to complete coursework.

Remember that by law you can only leave your home or garden to:

- care for a vulnerable person
- essential work, but only if you absolutely cannot work from home
- local shopping
- healthcare
- outdoor socially distanced exercise
- if you do go out for an essential purpose you should only meet one person from a different household in a group no bigger than two

Message from the Scottish Government:

“Hope is in sight. Let’s see it through.

The vaccine is the good news we’ve been waiting for, with those most at risk already being vaccinated. When offered the vaccine please get it.

While this stretch seems hardest of all, we can't relax yet. The virus is still spreading, and we need to keep people safe. The more we stick to the current rules and restrictions now, the less chance the virus has to spread and the sooner we will make it through this."

#WeAreScotland gov.scot/coronavirus

COVID-19 VACCINE

People aged 70 and over should have received appointments for the vaccine. If you haven't received an appointment and you're over 70 or in the shielding group, please contact your GP surgery or please contact Deafblind Scotland and we can assist you. If you need guide/communicator support Deafblind Scotland can provide this, even if you do not currently receive a service.

Remember that Deafblind Scotland is still here to help, please continue to contact us for information and support.

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