

Communication from Deafblind Scotland during the COVID-19 Pandemic

16 March 2021

Good news that the number of covid cases has fallen significantly. The Scottish Government have announced the plans to bring Scotland out of lockdown.

We can continue to meet up outdoors, including in private gardens, in groups of no more than four people from two households.

Friday 2 April The current 'stay at home' rule will be replaced by guidance to "stay local". Only travel within your local authority area.

Monday 5 April

Some businesses can reopen including click and collect services, garden centres, homeware shops. Hairdressers and barbers can also open for appointments.

Mid-April Everyone over the age of 50 who has underlying health conditions or are an unpaid carers will have been vaccinated.

All primary and secondary age pupils will be back in school full time.

26 April Up to 6 people from up to 3 households can socialise outdoors.

Six 12-17 year olds can meet socially from 6 households outdoors.

Travel within mainland Scotland allowed.

Up to 4 people from 2 households can socialise indoors in a public place such as a café or restaurant.

All shops can open.

Hospitality venues like cafes, pubs and restaurants can open until 8 pm indoors (no alcohol) and until 10 pm outdoors (alcohol allowed).

Non-essential repairs and tradesmen can restart working inside homes.

Tourist accommodation can open with restrictions in place for social distancing.

Funerals and weddings including post-funeral events and receptions can take place with up to 50 people (no alcohol).

Gyms can open for individual exercise.

Indoor attractions and public buildings such as galleries, museums and libraries can open.

Takeaway food can be collected indoors.

People on the shielding list can return to work and education.

17 May Up to 4 people from 2 household can socialise indoors in a private home or public space.

More in-person (face-to-face) support services can resume.

Hospitality venues can open until 10.30pm indoors (alcohol permitted) and 10.00pm outdoors (alcohol permitted).

Outdoor adult contact sport and indoor group exercise can restart.

Cinemas, amusement arcades, and bingo halls can open.

Small outdoor and indoor events can resume with social distancing.

Communal worship open, with social distancing.

Early June Up to 6 people from up to 3 households can socialise indoors in a home or public place.

Up to 8 people from 3 households can socialise outdoors.

Hospitality can remain open until 11pm.

Indoor non-contact sport can take place.

Increased numbers at life events and places of worship.

From the end of June

Phased return of some office staff.

Events increase numbers subject to capacity constraints.

Increased numbers at life events and places of worship with social distancing.

Vaccines

If you are invited to attend The Louisa Jordan for your vaccination a walkthrough BSL video is available here <https://bit.ly/3bR8w0r>

Scotland Rugby League have launched an incredible new competition for the care sector. **They are inviting a person who has care or support needs to design the official Scotland Rugby League training t-shirt, which will be worn at the Rugby League World Cup 2021!**

The competition is open until Monday 19 April and can be accessed by downloading the toolkit from the Community Integrated Care website.

<https://bit.ly/3bRaSwv>

Remember that Deafblind Scotland is still here to help, please continue to contact us for information and support.

Phone: **0141 777 7774**

Text: **07715 421 377**

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