

Communication from Deafblind Scotland during the COVID-19 Pandemic

12 May 2021

Great news that the coronavirus continues to be suppressed in Scotland and more restrictions will be lifted on 17 May. We must all continue to be careful, responsible, and vigilant.

Here are the main changes taking place from **Monday 17 May**.

All parts of mainland Scotland will move to Level 2.

However, Moray is experiencing increased rates of the virus and they may stay in Level 3 for a short period. Travel restrictions may also be put in place for the Moray area. The Scottish Government will confirm the restrictions later this week.

If you live in Moray and require some support or further information, please do contact Deafblind Scotland.

Island communities will move to Level 1, there will be fewer restrictions on indoor hospitality, more information on government website. The exception to this is Skye due into it being connected by land to the mainland. It will remain under level 2 for now.

Inside homes (including overnight stays) 6 people from 3 households can meet. Friends and family physical distancing is not required.

Indoor public places up to six adults from three households can meet in an indoor public place (such as a bar).

Outdoors people can meet in groups of 8 people from 8 households.

The requirements on physical distancing still apply in public places. This will be reviewed over the next few weeks and updated guidance will be released.

Hospitality, up to six people from three households will be able to meet in hospitality settings like pubs and restaurants and alcohol can be served indoors until 10.30pm.

Outdoor adult contact sport and indoor group exercise to restart.

Cinemas, amusement arcades, theatres, concert halls, comedy clubs, casinos, snooker halls and bingo halls can reopen.

Universities and colleges will ease restrictions and bring back in-person learning.

More than one person will be able to sing during religious services.

Public Events

Up to 100 people can attend events indoors.

Up to 250 people can attend outdoor events with no seating.

Up to 500 people can attend outdoor events with seating.

The government has stated that although we can now have close physical contact with friends and families in our homes and gardens such as a hug, we must still be careful, particularly with vulnerable loved ones and we must limit the number of people we have close physical contact with. As we move forward personal judgement will replace the government rules.

International Travel

From Monday, Scotland will move to a traffic-light system based on the presence of Covid in the country people are coming from.

Countries will be placed on either a Red list, Amber list or Green list. These lists are currently the same across Scotland, England, Ireland and Wales.

Paramedics Training

John Whitfield, our Training and Participation Officer, is working with the Paramedics Training Centre. He is looking for volunteers to be on a short film that will demonstrate the difficulties people have accessing the hospitals, ambulances, or health settings. These videos will then be used in the Paramedics training course.

If you would like to be involved, please contact

John jwparticipation@dbscotland.org.uk

Remember that Deafblind Scotland is still here to help, please continue to contact us for information and support.

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Text: **07715 421 377**

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