

## **Communication from Deafblind Scotland during the COVID-19 Pandemic**

1 June 2021

**Glasgow** was experiencing increased numbers of COVID-19 cases and they had stayed in level 3 restrictions. However now the numbers have started to decrease so Glasgow will move to Level 2 from midnight on Friday 4 June 2021.

Today the Scottish Government announced that because case numbers are still high in some areas of Scotland, those areas will be paused at level 2 for a further period of time. Other areas of Scotland will move to Level 1.

**From Friday 4 June at midnight:**

**Areas staying in Level 2 are**

Glasgow

East Dunbartonshire

Edinburgh

Midlothian

Dundee

Renfrewshire  
East Renfrewshire  
North Ayrshire  
South Ayrshire  
East Ayrshire  
North Lanarkshire  
South Lanarkshire  
Clackmannanshire  
Stirling

**Areas moving to Level 1 are**

Highland  
Argyll & Bute  
Aberdeen City  
Aberdeenshire  
Moray  
Angus  
Perth & Kinross  
Falkirk  
Fife  
Inverclyde  
East and West Lothian  
West Dunbartonshire  
Dumfries & Galloway

Borders

**Here are the restrictions for Level 2 and 1.**

**Level 2 Restrictions:**

**Inside homes** (including overnight stays) 6 people from 3 households can meet.

Friends and family physical distancing is not required.

**Indoor public places** up to 6 adults from 3 households can meet in an indoor public place (such as a bar).

**Outdoors** people can meet in groups of 8 people from 8 households.

**Hospitality**, up to 6 people from 3 households will be able to meet in hospitality settings like pubs and restaurants and alcohol can be served indoors until 10.30pm.

Cinemas, amusement arcades, theatres, concert halls, comedy clubs, casinos, snooker halls and bingo halls can reopen.

**Level 1 Restrictions:**

8 people allowed to meet in cafes, pubs, restaurants and other indoor public places,

and they may also stay open until 11pm, serving food and alcohol.

Outdoors, up to 12 adults from 12 households can meet.

100 people allowed at weddings or funerals.

People are still urged to work from home where possible.

Soft play and funfairs can reopen.

Permission has been given for 12,000 fans to watch Scotland's Euro 2020 matches at Hampden this summer.

## **Vaccine**

Over 5 million doses of the vaccine have been given in Scotland. The vaccine provides people with protection against COVID-19 as well as the new strains that are being found. People aged 19 to 29 can now register to receive the vaccine, visit the NHS website to register: [www.register.vacs.nhs.scot](http://www.register.vacs.nhs.scot)

## **DbS Staff News**

This year a few guide/communicators have sadly retired, we send them our thanks for the

many years of loyal service and the difference they have made to the lives of deafblind people. We wish them well in their retirement.

Those retiring are:

Marcella Gray (over 10 years of service)

Margaret Hearn (over 27 years of service)

Margaret Tervit (over 20 years of service)

They will all be greatly missed by deafblind people and their colleagues.

## **Mental Health Report**

Recently Deafblind Scotland helped write a report on Mental Health, Sensory Loss and Human Rights. This report calls for Sensory Literate Services across Scotland produced by Deafblind Scotland, deafscotland, Royal National Institute for the Deaf (RNID), Sight Scotland and the ALLIANCE.

The report highlights that Government and Public Authorities need to address the communication barriers which are contributing to poor mental health and are stopping people accessing support. It says that all of Scotland's mental health and social support

services should be 'sensory literate'. This would mean that everyone with a sensory impairment can access services, funding etc. Report is available here: [tinyurl.com/4598jbp7](https://tinyurl.com/4598jbp7)  
BSL versions here: [tinyurl.com/3s9uztaj](https://tinyurl.com/3s9uztaj)

Remember that Deafblind Scotland is still here to help, please continue to contact us for information and support.

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